

Following discharge from the ward for the first 24 hours

Telephone:

Safari Day Unit Lincoln Hospital	01522 573172
Rainforest ward Lincoln Hospital	01522 573786
Children's ward Pilgrim Hospital	01205 445563

If you are concerned it is important your child is seen by a doctor or a nurse

In an emergency you must take your child immediately to your local Accident and Emergency department

Outpatient appointment

Your child will not usually be given an appointment. You will be advised before leaving the ward if the doctor needs to see you again.

All appointments are sent by post.

Feedback is always welcome
If you have any comments on this leaflet please talk to a member of the ward team or inform us in writing.

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.



If you require this information in another language, large print, audio (CD or tape) or braille please email the Patient Information team at patient.information@ulh.nhs.uk



Adenoidectomy

Discharge Advice

Children's Services

Lincoln County Hospital
Pilgrim Hospital Boston
Grantham Hospital
www.ulh.nhs.uk

What to expect following surgery

Your child will be **observed closely** and given regular pain relief. We will advise you when your child can start eating and drinking again as his/her condition permits.

Your child needs to have passed urine after their operation. He/she will be allowed home at the discretion of the doctor or nurse. This is usually the same day for day cases and the following day for in-patients.

Pain control

Some pain relief may have been given before or during your child's operation. It is important to give regular Paracetamol/ Calpol for at least the first 3 to 4 days at home.

Please give this according to the instructions.

What are the complications?

No operation is entirely risk free. The risk of serious complications following adenoidectomy is very low. The main post operative risk is bleeding and infection. This can occur at any time until the place where the adenoids were removed from has healed.

This can happen within a few hours after the operation. Usually it stops by itself but occasionally it may require further treatment.

**In the event of bleeding
bring your child immediately to
Accident and Emergency**

There may also be some temporary minor health problems, such as sore throat, ear-ache or blocked nose for a few weeks. However, most children have a totally uneventful recovery.

School

Your child can usually return to school a week after their operation. During this time it is best if you avoid close contact with people who have coughs and colds.

Aiden aged 6 years

